

## TESTIMONY STORIES

“In the short time I have attended the workshop and delved into the Bible especially the book of Romans I have learned that being righteous is due to Jesus’ sacrifice for our salvation. It involves being forgiving and living out what I’ve learned. In other words, I strive to be unashamed of the gospel, to share the faith, and above all, to practice what I preach. I aim to live what I’ve learned and share because I care.”

- Marlene

“We have witnessed Living Free transform lives by helping people shift from patterns of delusion, secrecy, and isolation to a life of truth, trust, and connection. We encourage everyone to make the effort and experience the life-changing benefits. When individuals confront the issues that control their lives, Living Free offers the path to freedom.”

- Bob and Nancy



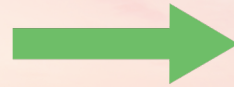
*“Helping people discover God’s path to hope, faith, and freedom.”*

## WHAT ARE THE FIRST STEPS?

Join us on Monday nights  
for a 2-hour group session at  
**310 Ruthar Drive Unit 10**  
**Newark, Delaware 19711**

**New Classes begin**  
**January 13, 2025**

**SCAN TO REGISTER**



## CONTACT US

**LIVING FREE**  
AT THE DREAM CENTER

**310 Ruthar Dr. Unit 10**  
**Newark, DE. 19711**  
**(302) 286 - 7406**

- Negative attitudes?
- Substance abuse?
- Destructive emotions?
- Unhealthy relationships?

*what if*

*There’s a way  
to bring lasting*

# HOPE ?



**LIVING FREE**  
AT THE DREAM CENTER

310 Ruthar Dr Unit #10  
Newark, DE 19711

## 3 Christ-Centered Programs:

### STEPPING INTO FREEDOM:

Twelve sessions to help those struggling with life-controlling problems.

- Drug addiction
- Alcoholism
- Sexual addiction
- Gambling
- Workaholism
- Body Image

### WALKING IN FREEDOM

This 12-week study on the book of James gives practical guidance on how we can walk out freedom from life-controlling problems.

### HOPE AFTER TRAUMA

This 4-week course helps you identify trauma and move forward to wholeness in Christ. This group focuses on helping you find healing for traumatic experiences that may have left deep emotional wounds.

### AND WE HELP YOU NAVIGATE THROUGH:

- Anger
- Depression
- Loss and Grief
- Fear
- Parenting
- Sexual purity
- Financial Stability
- Peacemaking

## OUR MISSION

**LIVING FREE** exists to help individuals, families, and communities dealing with life-challenging and life-controlling problems find wholeness in Christ.

*"Living Free" is a powerful, proven Bible based curriculum born from over 60 years of successful addictions ministry at "Adult and Teen Challenge".*

*- Pastor George Valco  
Director of DE Living Free*



**For intensive outpatient therapy, please consider our neighbors at:**

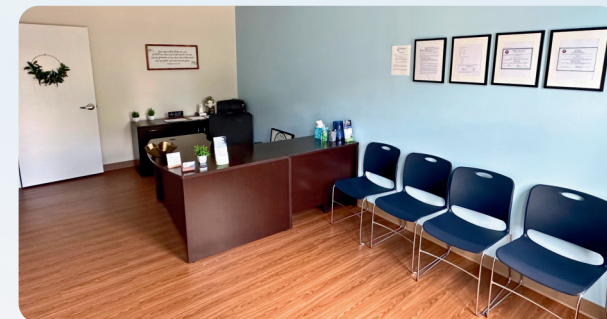
## NAAMAN CENTER

To facilitate the restoration of people caught in the grip of drug and alcohol addictions and related mental health issues by providing a team of professionals who assist persons to pursue healing in an atmosphere of Christian faith and loving compassion.



# NAAMAN

Transforming Lives. Changing Communities.



**Accepting Medicaid, Medicare, and private medical insurance.**

### Services Offered

- Individual Counseling
- Clinical Assessment
- Group Therapy
- Telehealth

**SCAN FOR MORE INFORMATION**



- 📍 **310 Ruthar Dr. Unit 12 (next door)**
- 🌐 **www.naamancenter.com**
- ☎ **(302) 273 - 3644**